

**6b, 11 Bellerose Dr,
St Albert, AB T8N 5C9**

**270 Baseline Rd Unit 168,
Sherwood Park, AB T8H 1R4**

Lunch served from 10:30am to close
Please see our menu board or ask your server about
our daily specials

Light Bites

Soup 3.95/6.25
All our soups are homemade,
using fresh, locally sourced
ingredients and served with
bread roll or crackers.

Chicken Strips 13.95
Served with french fries
and plum sauce for dipping.

Mozzarella Sticks 9.25
Served with veggie garnish
and marinara sauce for dipping.

Appetizer Side Salads

Garden 4.50
Caesar 4.95
Greek 5.25
Add Chicken 4.00

Sandwiches

All made to order on choice of toast, bagel, panini or tortilla wrap and served
with french fries, soup or garden salad

New York Club 13.50
Warm chicken, bacon and cheddar cheese with lettuce, tomato and mayo

Turkey Club 13.50
Oven roasted turkey breast, bacon, lettuce, tomato, cheese and mayo

Classic BLT 12.95
Bacon, lettuce, tomato and mayo on toast
Add Cheese 1.50 Add a fried egg 1.50 Add avocado 1.50

New Orleans 13.50
A creamy mix of Cajun spiced chicken, peppers and onions topped with
melted cheddar cheese

The Bombay 13.50
Sauteed strips of chicken, onions and peppers with melted cheddar
cheese and tikka mayonnaise with a hint of cilantro

Fishermans Delight 14.50
Smoked salmon and red onion with lemon zest and black pepper
cream cheese

The Dubliner 14.50
Shredded roast beef, tomato and onion with a mild
creamy horseradish sauce and topped with dubliner irish cheese

Specialty Sandwiches

The Reuben 14.50
Grilled rye bread, smoked corned beef, sauerkraut and swiss cheese
with thousand island and mustard dressing

Monte Cristo 13.50
Oven roasted turkey, honey baked ham and swiss cheese
on french toast

Toast Signature Sandwich 15.25
Grilled chicken breast and prosciutto on panini bread with a basil
pesto mayo, topped with brushetta mix and drizzled with balsamic reduction

Side Orders

Home Fries 4.95	(2) Irish Pudding 4.50	Bacon (4) 4.50
French Fries 4.95	Gravy 2.25	Sausage (3) 4.50
Onion Rings 5.95	Salad Dressing 1.00	Ham (4) 4.50
Poutine 5.50	Toast 2.00	Irish bacon (3) 5.95
NY Style Poutine 7.50	Bagel/ English Muffin 2.50	Irish Sausage (3) 4.95
(w/ bacon bits, green onion)	Irish Bread 2.95	Hollandaise 1.25
Coleslaw 3.50	Potato Bread 4.50	
Fruit Bowl 3.95/5.25	Tomato/ 2.95	
	Orange Slices	

Hot Oatmeal

Served with honey and cream 5.25
Served with fresh fruit 6.95

Rise N' Shine 8.95
2 eggs, any style, served with bacon,
sausage, or ham, homefried potatoes
and toast
Add 1 egg 1.00

The Full Irish/ English 17.50
2 eggs, 2 Irish sausage, 2 Irish bacon,
black & white pudding, grilled tomato,
beans, homefried potatoes and toast
or Irish bread

Benedicts

The Irish 15.95
2 poached eggs on grilled irish
bread with irish bacon and
pudding, topped with horseradish
hollandaise sauce

The Basic 13.95
2 poached eggs, canadian bacon,
grilled english muffin and topped
with hollandaise sauce

The Surfer 15.95
2 poached eggs with smoked salmon
and red onion on grilled english
muffin with dill hollandaise

Fit N' Healthy 11.95
2 eggs any style, with greek
yogurt or cottage cheese,
fruit bowl and toast

The Hungryman 14.95
3 eggs, 3 bacon, 3 sausage,
tomatoes, beans, mushrooms,
homefried potatoes and toast

**Brekkie Bagel or 13.25
Kaiser Roll**
1 egg, 2 bacon, 2 sausage,
melted cheddar cheese and
homefried potatoes

Bruschetta 13.95
2 poached eggs on grilled english muffin,
topped with bruschetta mix, hollandaise
sauce and balsamic drizzle

The Italiano 14.95
2 poached eggs with sliced
tomato and prosciutto on
grilled english muffin, with
basil pesto hollandaise

The Hawaiian 14.95
2 poached eggs with honey roast
ham and grilled pineapple, topped
with honey mustard hollandaise

Omelettes

All our omelettes are made with 3eggs and served with homefried potatoes,
toast and a tomato or fruit garnish

The Basic 13.95 Filled with cheddar cheese	additional toppings \$1.00 each	Tomato Basil 14.95 Filled with diced tomato, basil and cheddar
The Western 14.95 A delicious mix of peppers, onions, ham and cheddar		The Spanish 14.95 A mouthwatering mix of peppers, green onion, olives, cilantro, salsa and cheddar
The Low Carb 14.95 Filled with cream cheese and spinach with a hint of garlic		The Dubliner 15.95 Filled with a mix of irish pudding and dubliner irish cheese, topped with grilled tomato and grated parmesan cheese
The BLT 14.95 Filled with bacon and tomato, topped with shredded lettuce and bacon bits, served with caesar dip		The Veggie 13.95 Packed with onions, peppers, tomato, mushrooms and cheddar cheese
The Hangover 14.95 Packed full of bacon, sausage, peppers, onions and cheddar and served with tobasco mayo dip		

Pancakes

- 3 golden brown buttermilk pancakes dusted with icing sugar 8.95
- With bacon, sausage or ham 11.95
- Add 2 eggs 13.50
- Blueberry, apple cinnamon, chocolate chip, or banana rum add 2.00
- Pancakes with fresh fruit and ice cream 13.95

French Toast

- 3 jumbo slices of white or wheat bread, dipped in beaten egg mixed with sugar and cinnamon, grilled to a golden brown and dusted with icing sugar 9.75
- With bacon, sausage or ham 11.95
- Add 2 eggs 13.95

Signature Crepes

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| <p>Garden Stuffed 13.95
2 crepes stuffed with scrambled egg, spinach, red onion, mushrooms and swiss cheese, drizzled with hollandaise sauce</p> <p>Bacon and Cheddar 14.95
2 crepes filled with scrambled egg, bacon and cheddar served with sour cream</p> <p>Fruit and Ice Cream 13.95
2 crepes filled with diced fresh fruit, a side of vanilla icecream and strawberry coulis drizzle</p> | <p>Chicken Florentine 14.95
Strips of chicken sauteed with spinach, mushrooms and red onion, rolled into 2 crepes and drizzled with hollandaise sauce</p> <p>Strawberry Banana 13.95
2 crepes filled with sliced strawberry and banana, drizzled with warm chocolate sauce and dusted with icing sugar</p> |
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WE OFFER A NUMBER OF GLUTEN FREE OPTIONS FOR YOUR MEAL.
PLEASE ASK YOUR SERVER

Little Ones Menu

(all served with juice or milk)

- Junior Rise N' Shine 8.25**
1 egg, 1 bacon, 1 sausage, potatoes and toast
- Short Stack of Pancakes or Old-Fashioned French Toast 8.25**
With 1 bacon and 1 sausage
Add blueberry, chocolate chip, apple cinnamon or banana rum to pancake 1.00
- Junior Omelette 8.25**
A 2 egg omelette with 2 fillings, potatoes and toast

Beverages

- Daily Grind 2.95
- Breakfast Tea 2.95
- Juice 2.95/ 3.95
- Pop 3.50
- Milk 2.95/ 3.95
- Bottled Water 1.95
- Specialty Teas 4.25
- Specialty Coffees 4.50
- Hot Chocolate 4.50
- Milk Shakes 4.95
- Smoothies 4.95

Salads

- Signature House 14.95**
Mixed greens, diced tomato, cucumber, red onion, pepper, egg, sweet corn, dried cranberry, crushed walnuts and cheddar cheese, tossed in our balsamic house dressing
- Bel Air 14.95**
Mixed greens, grilled chicken strips, sliced ham, diced tomato, onion, cucumber. bacon and egg with ranch dressing

Burgers

All our beef burgers are 6oz AAA steak patties served with lettuce, tomato, onion and pickle, with choice of french fries, garden salad or soup. Add Bacon \$2.00
Sub. onion rings \$2.00

- The Classic 14.95**
With cheddar cheese, red onion and a mustard mayo
- The Veggie 10.95**
A veggie pattie with lettuce, tomato and onion, sauteed mushrooms, melted cheddar and dressed with guacomole and salsa
- The Texas 14.95**
With bacon, cheddar cheese, BBQ sauce, topped with onion rings
- Mushroom Supreme 14.95**
With bacon, onions, mushrooms, swiss cheese and a creamy mushroom sauce
- The Mexican 14.95**
With cheddar cheese, green onion, guacamole, and our homemade salsa
- Blackened Chicken 14.95**
Blackened spiced chicken breast, melted cheddar cheese and a creamy Cajun mayo.
- Crispy Chicken 14.95**
Breaded seasoned chicken breast, melted cheddar cheese and ranch dressing

Quesadilla

All served with sour cream and salsa
Add guacamole 2.00

- Tex Mex 11.50**
Chicken, peppers, onions, mushrooms, cheese and tex mex seasoning
- Veggie 10.95**
Onions, peppers, mushrooms, sweetcorn olives, tomato and cheese

Little Ones Lunch Menu

- (served with juice or milk) 8.95
- Chicken Tenders with Fries
- Grilled Cheese with Fries
- Moza Sticks with Fries
- Junior Veggie Plate
(Carrot, celery, strawberry, crackers and ranch dip)
- Junior Fish N' Chips
(1 piece fish)

- Caesar 11.95**
Romaine with croutons, bacon bits, creamy caesar dressing, and topped with shaved parmesan cheese
Add grilled or crispy chicken \$4.50
- South Western 15.95**
Sliced chicken, taco seasoning on a bed of mixed greens, sliced avocado, black beans, sweet corn and cilantro lime dressing
- Greek 14.95**
Romaine lettuce, diced tomato, cucumber, mix peppers, red onion, calamata olives and crumbled feta cheese in a greek dressing

- Three Cheese 10.95**
A blend of swiss, cheddar and mozzarella

- Steak 12.25**
Shredded steak, onions, peppers and mushrooms with cheese

- Brunch 11.50**
Scrambled egg, bacon, ham, green onion, cheddar and mozzarella cheese, with tex mex seasoning

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- Specialty Coffees 4.50
- Hot Chocolate 4.50
- Milk Shakes 4.95
- Smoothies 4.95